

Where can I get advice if I experience racism?



We have collected a few addresses where you can get advice if you are affected by racism or discrimination.



ReachOut



ReachOut is a counselling centre for victims of right-wing and racist violence and threats in Berlin.

ReachOut also counsels victims of racial profiling and racist police violence.

The team provides counselling in all languages and works with language mediators if required.



www.reachoutberlin.de



info@reachoutberlin.de



030 / 69 56 83 39



Heinrich-Heine-Str. 15
Annenhöfe, 3. OG
10179 Berlin



[reachoutberlin](https://www.instagram.com/reachoutberlin)



OPRA

Psychological counselling for victims of right-wing extremist, racist & anti-Semitic violence

Threatened, persecuted, insulted, beaten or injured by right-wing, racist people? OPRA offers free information and advice on trauma and possible trauma consequences, coping strategies for symptoms (such as anxiety, sleep problems), psychological consequences of racism, right-wing extremism and victimisation.



www.opra-gewalt.de



info@opra-gewalt.de



030 922 18 241



Heinrich-Heine-Str. 15
Annenhöfe, 3. OG
10179 Berlin





Kinder vor
Diskriminierung
schützen!

KiDs

Counseling and support in cases where children ages 0 - 12 are affected by discrimination

The counseling services are intended for children and adults who are responsible for protecting children from discrimination—that is, parents and guardians, caregivers, early childhood educators, teachers, and other education professionals.



www.kids.kinderwelten.net



kids.beratung@kinderwelten.net



030 802 063 23



Naunynstraße 64
10997 Berlin



Fair mieten - Fair wohnen



Berliner Fachstelle gegen Diskriminierung
auf dem Wohnungsmarkt

Discrimination in the housing market

Are you experiencing discrimination when looking for an apartment or is your landlord behaving in a discriminatory manner? The specialist centre against discrimination in the housing market can provide support (no support when looking for housing).



www.fairmieten-fairwohnen.de



030 62 73 16 68



Berliner Beratungszentrum für Migration und Gute Arbeit

BEMA is for workers in precarious situations in Berlin who find it difficult to access regular legal advice. They provide advice on many different labour law issues, including for those affected by labour exploitation, forced labour and human trafficking. Free and anonymous, in many languages.



www.bema.berlin



Berliner Register

Friedrichshain-Kreuzberg



The Friedrichshain-Kreuzberg register records events with racist, extreme right-wing, anti-Semitic, anti-LGBTIQ* or similarly discriminatory motives for statistical purposes.



www.register-friedrichshain.de



fk@berliner-register.de



0157 – 77 36 99 42





You are not alone!

Our team at **Mehrgenerationenhaus Wassertor** or at **Bona Peiser** can help you find the right counseling center for your situation or report a case of discrimination to the Berlin Register.



www.mgh-wassertor.de

Wassertorstr. 48

10969 Berlin

@ [mgh_wassertor](https://www.instagram.com/mgh_wassertor)



www.bona-peiser.de

Oranienstr. 72

10969 Berlin

@ [bonapeiser](https://www.instagram.com/bonapeiser)

The information contained herein was compiled by our team in March 2025 (updated in September 2026) and is provided solely for general informational purposes. We assume no liability for the accuracy, completeness, or timeliness of the information, nor for any consequences arising from the use of this information.

www.wassertor.org

@ [wassertor_e.v](https://www.instagram.com/wassertor_e.v)

